Ponce Room | Baierl Center | Next to NASH Stadium
9:30 AM to 11:30 AM

September 9 - October 14 - November 11 - December 9
January 20 - February 10 - March 10 - April 14

**November 11: Making Inclusive Education a Reality**
We look forward to having Cindy Duch, PEAL, share the best practices of family participation in advocating for your child’s access to the general education curriculum.

**December 9: OVR Overview**
We look forward to learning of the services and supports that the Office of Vocational Rehabilitation offers for transition to work.

**January 20 (DATE CHANGE): Eat-n-Park BYOB | 2650 Brandt School Road**
Join us for a casual gathering of conversation and sharing ideas for the new year while enjoying your “buy your own breakfast.” We are meeting at Eat-n-Park, the place for smiles.

**February 10: Caring for the Caregiver**
We look forward to having Hope Grows share practices connecting us to experience a one of kind approach to wellness as a way to manage the physical, psychological, and spiritual stress associated with being a caregiver.

**March 10: Holistic Approached to Self-Regulation**
We look forward to having Kristan Weisdack, BehaviorWorx of Southwestern PA, share techniques to transition from fight or flight to rest and digest.

**April 14: Post-Secondary Options**
We look forward to having Karen Oosterhous, Disability Rights Advocate, share best practices in building an inclusive postsecondary experience.

*The PNG supports parents of children with IEPs, 504s, speech services, and learning differences by providing topical speakers and a place to network with other parents at our monthly meetings while keeping current on special education issues and legislation. Membership is not necessary in order to attend our monthly meetings.*

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