



# April 2023 Middle School Lunch



North Allegheny School District

Monday

Tuesday

Wednesday

Thursday

Friday

3

Spring Break  
No School

4

Spring Break  
No School



5

Spring Break  
No School

6

Spring Break  
No School



7

S  
Spring Break  
No School

10

★ **Macaroni & Cheese**  
w/ Breadstick

Or

✓ **Toasted Cheese Sandwich**  
w/ Tomato Soup  
**Featured Vegetables:**  
Baked Beans

11

★ **Sweet & Sour Chicken**  
w/ Fried Rice & Egg Roll

Or

**Turkey, Ham & Cheese**  
On Pretzel Bun  
**Featured Vegetable:**  
Steamed Broccoli

12

**BBQ Chicken Nachos**  
w/ Dinner Roll

Or

★ **Buffalo Chicken Sandwich**  
w/ Pepper Jack Cheese  
**Featured Vegetable:**  
Peas

13

**Chicken Mashed Potato Bowl**  
w/ Dinner Rolls

Or

**Baked Meatball Hoagie**  
**Featured Vegetable:**  
Sweet Potato Oven Fries/Corn

14

**Chicken Tenders**  
w/ Dinner Rolls

Or

★ **Bacon Double**  
**Cheese Burger**  
**Featured Vegetables:**  
Tatar Tots

17

★ **Cheese Lasagna**  
w/ Breadstick

Or

✓ **Toasted Cheese Sandwich**  
w/ Tomato Soup  
**Featured Vegetables:**  
Green Beans

18

★ **General Tso's Chicken**  
w/ Fried Rice & Egg Roll

Or

**Italian Hoagie**  
**Featured Vegetable:**  
Steamed Broccoli  
**Citrus Salad**

19

★ **Walking Taco w/ Doritos**  
Tortilla Chips Topped w/ Taco Meat,  
Shredded Cheese, Lettuce, & Salsa

Or

GF **Meatballs w/ Sauce**  
& Breadsticks  
**Featured Vegetable:**  
Black Bean Corn Salsa

20

**Chicken Mashed Potato Bowl**  
w/ Dinner Rolls

Or

★ **Big Daddy Pizza**  
**Featured Vegetable:**  
Oven Fries/Corn

21

**Chicken Tenders**  
w/ Dinner Rolls

Or

★ **Black Bean Burger**  
**Featured Vegetables:**  
Tatar Tots  
**Lucky Tray Day!!!**

24

★ **Chicken Parmesan**  
w/ Spaghetti Sauce & Dinner  
Roll

Or

✓ **Toasted Cheese Sandwich**  
w/ Tomato Soup  
**Featured Vegetable:**  
Garden Salad

25

★ **Orange Chicken**  
w/ Fried Rice & Egg Roll

Or

**Fish Sticks w/ Dinner Rolls**  
**Featured Vegetable:**  
Steamed Broccoli

26

**BBQ Ribby Sandwich**  
Or

**Chicken Enchiladas**  
**Featured Vegetable:**  
Peas

27

**Chicken Mashed Potato Bowl**  
w/ Dinner Rolls

Or

★ **Mozzarella Stuffed Pizza Sticks**  
w/ Pizza Dipping Sauce  
**Featured Vegetable:**  
Sweet Potato Oven Fries/Corn

28

**BBQ Chicken Nachos**  
Tortilla Chips Topped w/ BBQ Chicken,  
Cheese Sauce, Lettuce, & Salsa

Or

★ **Rodeo Burger**  
**Featured Vegetables:**  
Tatar Tots



## Lunch Prices

Lunch	\$2.85
★ Premium Lunch	\$3.85
Reduced Lunch	\$0.40
Entrée Only	\$2.35
Prem. Entrée Only	\$3.35

**ALL ENTREES Include Choice of:**  
**FRUITS + VEGETABLES + MILK**

GF = Gluten Free  
V = Vegetarian

## Specialty Bars/ Market Street Deli

Mon - Breakfast Bar  
Tues/Thurs- Taco Bar  
Wed - Deli Bar  
Fri - Pasta Bar  
J. Clark's Grille  
Cheeseburgers, Mini Corn Dogs/ Corn Dogs,  
Toasted Cheese, Original & Spicy Chicken  
Sandwiches, Chicken Nuggets, Chicken Tenders  
Served w/ Oven Fries  
Villa Toscana  
Cheese, Pepperoni, Pepperoni Rolls M,W,F  
+ Max Pizza Sticks T,TH  
+ Stuffed Crust Pizza  
Buffalo Chicken Pizza M, W  
Chef Fresh  
Smucker's Uncrustables® PBJ  
w/ Cheese Stick, Apples & Pretzels  
Fruit & Yogurt Parfaits  
Assorted Salads, Sandwiches & Wraps

## Daily Fruit & Vegetable Choices

Choices May Include:

(Local Choices Available in Season)  
Apples, Bananas, Grapes, Oranges, Apple  
Sauce, Cinnamon Apple Sauce, Mixed Fruit,  
Mandarin Oranges, Peaches, Pears,  
Strawberries, Blueberries  
Baby Carrots, Beets, Broccoli, Cauliflower,  
Cucumbers, Celery, Spring Salad,  
Tomatoes, Mixed Peppers  
100% Fruit Juice Also Available Daily

## rBST Hormone Free Milk

1% White

Fat Free Choices May Include:

White, Chocolate, Vanilla, & Strawberry  
Lactaid White Milk Available Upon Request  
Contact 724-934-7279

**\*\*All Grain Options are Whole Grain\*\***

Menu is subject to change.