



# April 2023 High School Lunch



North Allegheny School District

Monday

Tuesday

Wednesday

Thursday

Friday

3

Spring Break  
No School



10

★ **Macaroni & Cheese**  
w/ **Breadstick**  
Or  
✓ **Toasted Cheese Sandwich**  
w/ **Tomato Soup**  
**Featured Vegetables:**  
Baked Beans

17

★ **Cheese Lasagna**  
w/ **Breadstick**  
Or  
✓ **Toasted Cheese Sandwich**  
w/ **Tomato Soup**  
**Featured Vegetables:**  
Green Beans

24

★ **Stuffed Shells**  
w/ **Breadstick**  
Or  
✓ **Toasted Cheese Sandwich**  
w/ **Tomato Soup**  
**Featured Vegetables:**  
Green Peas

4

Spring Break  
No School

11

★ **Sweet & Sour Chicken**  
w/ **Brown Rice & Egg Roll**  
Or  
Turkey, Ham & Cheese  
On **Pretzel Bun**  
**Featured Vegetable:**  
Steamed Broccoli

18

★ **General Tso's Chicken**  
w/ **Brown Rice & Egg Roll**  
Or  
Italian Hoagie  
**Featured Vegetable:**  
Steamed Broccoli  
**Citrus Salad**

25

★ **Orange Chicken**  
w/ **Brown Rice & Egg Roll**  
Or  
Fish Sticks w/ **Dinner Rolls**  
**Featured Vegetable:**  
Steamed Broccoli



5

Spring Break  
No School

12

★ **BBQ Chicken Nachos**  
Tortilla Chips Topped w/ BBQ Chicken,  
Cheese Sauce, Lettuce, & Salsa  
Or  
★ **Buffalo Chicken Sandwich**  
w/ **Pepper Jack Cheese**  
**Featured Vegetable:**  
Black Bean Corn Salsa

19

GF **Taco Bar**  
Beef or Chicken  
Corn Chips (GF), Soft Shell, or Rice  
Cheese, Lettuce, & Salsa  
Or  
★ **Mozzarella Stuffed Pizza Sticks**  
w/ **Pizza Dipping Sauce**  
**Featured Vegetable:**  
Golden Corn

26

★ **BBQ Chicken Nachos**  
Tortilla Chips Topped w/ BBQ Chicken,  
Cheese Sauce, Lettuce, & Salsa  
Or  
Chicken **Enchiladas**  
**Featured Vegetable:**  
Black Bean Corn Salsa

6

Spring Break  
No School

13

★ **Breakfast Bar**  
Pancake on a Stick w/ Sausage  
Pancakes Or French Toast Sticks  
Turkey Sausage Or Bacon  
Or  
Baked Meatball Hoagie  
**Featured Vegetables:**  
Tatar Tots

20

★ **Pasta Bar**  
Create Your Own Pasta Dish  
Spaghetti or Alfredo Sauce  
Meatballs, Diced Chicken,  
or ✓ Cheese  
Or  
★ **Big Daddy Pizza**  
**Featured Vegetables:**  
Green Beans

27

★ **Breakfast Bar**  
Pancake on a Stick w/ Sausage  
Pancakes Or French Toast Sticks  
Turkey Sausage Or Bacon  
Or  
BBQ Ribby Sandwich  
**Featured Vegetables:**  
Tatar Tots



7

Spring Break  
No School



14

★ **Chicken Mashed Potato Bowl**  
w/ **Dinner Rolls**  
Or  
★ **Bacon Double Cheese Burger**  
**Featured Vegetable:**  
Sweet Potato Fries/Cor

21

★ **Chicken Mashed Potato Bowl**  
w/ **Dinner Rolls**  
Or  
★ **Build Your Own Burger**  
Black Bean Burger  
**Featured Vegetable:**  
Oven Fries/Cor

28

★ **Chicken Mashed Potato Bowl**  
w/ **Dinner Rolls**  
Or  
★ **Rodeo Burger**  
**Featured Vegetable:**  
Sweet Potato Oven Fries/Cor

## Lunch Prices

Lunch \$2.85  
★ **Premium Lunch** \$3.85  
Reduced Lunch \$0.40  
Entrée Only \$2.35  
Prem. Entrée Only \$3.35

**ALL ENTREES Include Choice of:**  
**FRUITS + VEGETABLES + MILK**

GF = Gluten Free  
V = Vegetarian

★ **Market Street Deli**  
Create Your Own Specialty Sandwich  
Panini Press Available\*  
★ **Chopping Block**  
✓ Create Your Own Specialty Salad  
★ Rice Bowl—Wednesday's  
★ **J. Clark's Grille**  
Specialty Burgers, Mini Corn Dogs/ Corn Dogs,  
✓ Toasted Cheese, Original & Spicy Chicken  
Sandwiches, Chicken Nuggets, Chicken Tenders  
Chicken Fries, Served w/ Oven Fries  
★ **Villa Toscana**  
✓ Cheese, Pepperoni, Veggie &  
Specialty Pizza, Pepperoni Rolls and Pizza  
Sticks  
★ **Chef Fresh**  
✓ Smucker's Uncrustables® PBJ  
w/ Cheese Stick, Pretzels & Apple Slices  
Fruit & Yogurt Parfaits  
✓ Assorted Salads, Sandwiches, & Wraps

## Daily Fruit & Vegetable Choices

Choices May Include:  
(Local Choices Available in Season)  
Apples, Bananas, Grapes, Oranges, Apple  
Sauce, Cinnamon Apple Sauce, Mixed Fruit,  
Mandarin Oranges, Peaches, Pears,  
Strawberries, Blueberries,  
Baby Carrots, Beets, Broccoli, Cauliflower,  
Cucumbers, Celery, Spring Salad,  
Tomatoes, Mixed Peppers  
100% Fruit Juice Also Available Daily

## 1% White

**Fat Free Choices May Include:**

White, Chocolate, Vanilla, & Strawberry  
Lactaid White Milk Available Upon Request  
Contact 724-934-7279

**\*\*All Grain Options are Whole Grain\*\***

Menu is subject to change.