



March 2023 Elementary Lunch Menu



North Allegheny School District

Monday Tuesday Wednesday Thursday Friday



6 **Yogurt Parfait**
Vanilla Yogurt w/
Graham Cracker Belly Bears
Or
Pizza Sticks w/Dipping Sauce
Featured Vegetable:
Honey Glazed Carrot Coins

7 **Popcorn Chicken**
w/ Dinner Rolls
Or
Meatballs w/ Sauce
& Breadsticks
Featured Vegetable:
Tatar Tots

8 **General Tso's Chicken**
w/ Brown Rice
Or
★ **Tiger Paw Pizza**
Featured Vegetable:
Steamed Broccoli

9 **Maple Waffles**
w/ Turkey Sausage
Or
★ **Vegetarian Cheese Lasagna**
Roll Up w/ Dinner Roll
Featured Vegetables:
Sweet Potatoes

10 **Big Daddy Pizza**
Or
Fish Sticks w/Dinner Rolls
Featured Vegetables:
Green Beans

13 **French Toast Sticks**
w/ Turkey Sausage
Or
★ **Buffalo Chicken Pizza**
Featured Vegetable:
Honey Glazed Carrot Coins
Celebrating National Nutrition Month

14 **Chicken Tenders**
w/ Dinner Rolls
Or
Jr. Tiger Burger
w/ American Cheese
Featured Vegetables:
Tatar Tots

15 **GF Walking Taco**
Tortilla Chips Topped w/ Taco Meat,
Shredded Cheese, Lettuce, & Salsa
Or
Hot Dog on a Bun
Featured Vegetable:
Golden Corn

16 **Chicken Nuggets**
w/ Dinner Rolls
Or
★ **Vegetarian Pierogies**
w/ Sauce & Dinner Roll.
Featured Vegetables:
Green Peas

17 **Big Daddy's Pizza**
Or
★ **Vegetarian Fish Sandwich**
Featured Vegetable:
Baked Beans
Go For the Greens!!!

20 **Yogurt Parfait**
Vanilla Yogurt w/
Graham Cracker Belly Bears
Or
Pizza Sticks w/Dipping Sauce
Featured Vegetable:
Honey Glazed Carrot Coins

21 **Popcorn Chicken**
w/ Dinner Rolls
Or
Toasted Cheese Sandwich
w/ Tomato Soup
Featured Vegetable:
Tater Tots

22 No School
Inservice Day

23 **Maple Waffles**
w/ Turkey Sausage
Or
★ **Vegetarian Cheese Ravioli w/Sauce**
& Dinner Roll
Featured Vegetable:
Sweet Potatoes

24 **Big Daddy Pizza**
Or
Fish Sticks w/ Dinner Rolls
Featured Vegetables:
Green Beans

27 **French Toast Sticks**
w/ Turkey Sausage
Or
★ **Spicy Chicken Patty**
Featured Vegetable:
Honey Glazed Carrot Coins

28 **Chicken Tenders**
w/ Dinner Rolls
Or
Jr. Tiger Burger
w/ American Cheese
Featured Vegetables:
Mashed Potatoes & Gravy

29 **Craveables—Pizza Bites**
Flatbread, Sauce, Mozzarella
Cheese, & Pepperoni
Or
Ham & Cheese
On Pretzel Bun
Featured Vegetable:
Golden Corn

30 **Chicken Nuggets**
w/ Dinner Rolls
Or
★ **Vegetarian Cheese Lasagna**
Roll Up w/ Dinner Roll
Featured Vegetable:
Green Peas

31 **Big Daddy's Pizza**
Or
Fish Sandwich
Featured Vegetable:
Baked Beans

Lunch Prices
Lunch \$2.45
★ Premium Lunch \$3.45
Reduced Lunch \$0.40
Entrée Only \$1.95
Prem. Entrée Only \$2.95

ALL ENTREES Include Choice of:
FRUIT + VEGETABLES + MILK

GF = Gluten Free
V = Vegetarian

Daily Alternative Entrees
Chicken Patty
Grilled Chicken Salad
w/ Dinner Rolls
★ **Vegetarian Baked Potato**
w/ Shredded Cheese & Dinner Rolls
★ **Vegetarian Garden Salad**
w/ Cheese Stick, Yogurt, & Dinner Rolls
★ **Smucker's Uncrustables® PBJ**
w/ Cheese Stick & Dinner Roll

Daily Fruit & Vegetable Choices
Choices May Include:
(Local Choices Available in Season)
Apples, Bananas, Grapes, Oranges, Apple
Sauce, Cinnamon Apple Sauce, Mixed Fruit,
Mandarin Oranges, Peaches
Baby Carrots, Broccoli, Cauliflower,
Cucumbers, Celery, Spring Salad
100% Fruit Juice Also Available Daily

rBST Hormone Free Milk
1% White
Fat Free Choices May Include:
White, Chocolate, Vanilla, & Strawberry
Lactaid White Milk Available Upon Request
Contact 724-934-7279
****All Grain Options are Whole Grain****
Menu is subject to change.