



# February 2023 High School Lunch



North Allegheny School District

## Monday Tuesday Wednesday Thursday Friday



6 **Macaroni & Cheese**  
 w/ Breadstick  
 Or  
 Toasted Cheese Sandwich  
 w/ Tomato Soup  
**Featured Vegetables:**  
 Baked Beans

7 **Sweet & Sour Chicken**  
 w/ Brown Rice & Egg Roll  
 Or  
 Turkey, Ham & Cheese  
 On Pretzel Bun  
**Featured Vegetable:**  
 Steamed Broccoli

1 **Taco Bar**  
 Beef or Chicken  
 Corn Chips (GF), Soft Shell, or Rice  
 Cheese, Lettuce, & Salsa  
 Or  
**Mozzarella Stuffed Pizza Sticks**  
 w/ Pizza Dipping Sauce  
**Featured Vegetable:**  
 Golden Corn

2 **Pasta Bar**  
 Create Your Own Pasta Dish  
 Spaghetti or Alfredo Sauce  
 Meatballs, Diced Chicken,  
 or Cheese  
 Or  
**Mini Calzones w/ Sauce**  
**Featured Vegetables:**  
 Green Beans

3 **Chicken Mashed Potato Bowl**  
 w/ Dinner Rolls  
 Or  
**Build Your Own Burger**  
**Featured Vegetable:**  
 Oven Fries/ Corn

13 **Cheese Lasagna**  
 w/ Breadstick  
 Or  
 Toasted Cheese Sandwich  
 w/ Tomato Soup  
**Featured Vegetables:**  
 Garden Salad/ Green Beans

14 **General Tso's Chicken**  
 w/ Brown Rice & Egg Roll  
 Or  
 Italian Hoagie  
**Featured Vegetable:**  
 Steamed Broccoli

8 **BBQ Chicken Nachos**  
 Tortilla Chips Topped w/ BBQ Chicken,  
 Cheese Sauce, Lettuce, & Salsa  
 Or  
**Buffalo Chicken Sandwich**  
 w/ Pepper Jack Cheese  
**Featured Vegetable:**  
 Black Bean Corn Salsa  
 Tangerines

9 **Breakfast Bar**  
 Pancake on a Stick w/ Sausage  
 Pancakes Or French Toast Sticks  
 Turkey Sausage Or Bacon  
 Or  
 Baked Meatball Hoagie  
**Featured Vegetables:**  
 Tater Tots

10 **Chicken Mashed Potato Bowl**  
 w/ Dinner Rolls  
 Or  
**Bacon Double Cheese Burger**  
**Featured Vegetable:**  
 Sweet Potato Fries/ Corn

20 No School  
 President's Day!

21 **Orange Chicken**  
 w/ Brown Rice & Egg Roll  
 Or  
 Toasted Cheese w/ Tomato  
 Soup  
**Featured Vegetable:**  
 Steamed Broccoli

15 **Taco Bar**  
 Beef or Chicken  
 Corn Chips (GF), Soft Shell, or Rice  
 Cheese, Lettuce, & Salsa  
 Or  
**Mozzarella Stuffed Pizza Sticks**  
 w/ Pizza Dipping Sauce  
**Featured Vegetable:**  
 Golden Corn

16 **Pasta Bar**  
 Create Your Own Pasta Dish  
 Spaghetti or Alfredo Sauce  
 Meatballs, Diced Chicken,  
 or Cheese  
 Or  
**Bid Daddy Pizza**  
**Featured Vegetables:**  
 Oven Fries/ Green Beans

17 **Chicken Mashed Potato Bowl**  
 w/ Dinner Rolls  
 Or  
**Build Your Own Burger**  
**Featured Vegetable:**  
 Oven Fries/ Corn

27 **Blackened Chicken**  
 Broccoli Alfredo  
 w/ Pasta & Breadstick  
 Or  
 Toasted Cheese Sandwich  
 w/ Tomato Soup  
**Featured Vegetables:**  
 Garden Salad/ Carrot Coins

28 **Asian Noodle Bowl Cuisine**  
 & Egg Roll  
 Or  
 Chicken Fries w/ Dinner Rolls  
**Featured Vegetable:**  
 Steamed Broccoli

22 **BBQ Chicken Nachos**  
 Tortilla Chips Topped w/ BBQ Chicken,  
 Cheese Sauce, Lettuce, & Salsa  
 Or  
**Chicken Enchiladas**  
**Featured Vegetable:**  
 Black Bean Corn Salsa  
 Fish Sticks

23 **Breakfast Bar**  
 Pancake on a Stick w/ Sausage  
 Pancakes Or French Toast Sticks  
 Turkey Sausage Or Bacon  
 Or  
**BBQ Ribby Sandwich**  
**Featured Vegetables:**  
 Tater Tots

24 **Chicken Mashed Potato Bowl**  
 w/ Dinner Rolls  
 Or  
**Rodeo Burger**  
**Featured Vegetable:**  
 Sweet Potato Oven Fries/ Corn  
 Fish Sticks

1 **Beef Nachos Supreme**  
 Tortilla Chips Topped w/ Taco Meat &  
 Assorted Toppings  
 Or  
 Ham & Cheese  
 On Pretzel Bun  
**Featured Vegetable:**  
 Black Bean Corn Salsa

2 **Pasta Bar**  
 Create Your Own Pasta Dish  
 Spaghetti or Alfredo Sauce  
 Meatballs, Diced Chicken,  
 or Cheese  
 Or  
**Big Daddy Pizza**  
**Featured Vegetables:**  
 Oven Fries/ Green Beans

3 **Chicken Mashed Potato Bowl**  
 w/ Dinner Rolls  
 Or  
**Bacon Double Cheese Burger**  
**Featured Vegetable:**  
 Oven Fries/ Corn  
 Fish Sticks

**Lunch Prices**

- Lunch \$2.85
- Premium Lunch \$3.85
- Reduced Lunch \$0.40
- Entrée Only \$2.35
- Prem. Entrée Only \$3.35

**ALL ENTREES Include Choice of: FRUITS + VEGETABLES + MILK**

GF = Gluten Free  
 V = Vegetarian

**Market Street Deli**  
 Create Your Own Specialty Sandwich  
 Panini Press Available\*

**Chopping Block**  
 Create Your Own Specialty Salad  
 Rice Bowl - Wednesday's

**J. Clark's Grille**  
 Specialty Burgers, Mini Corn Dogs/ Corn Dogs,  
 Toasted Cheese, Original & Spicy Chicken  
 Sandwiches, Chicken Nuggets, Chicken Tenders  
 Chicken Fries, Served w/ Oven Fries

**Villa Toscana**  
 Cheese, Pepperoni, Veggie &  
 Specialty Pizza, Pepperoni Rolls and Pizza  
 Sticks

**Chef Fresh**  
 Smucker's Uncrustables® PBJ  
 w/ Cheese Stick, Pretzels & Apple Slices  
 Fruit & Yogurt Parfaits  
 Assorted Salads, Sandwiches, & Wraps

**Daily Fruit & Vegetable Choices**  
 Choices May Include:  
 (Local Choices Available in Season)  
 Apples, Bananas, Grapes, Oranges, Apple  
 Sauce, Cinnamon Apple Sauce, Mixed Fruit,  
 Mandarin Oranges, Peaches  
 Baby Carrots, Broccoli, Cauliflower,  
 Cucumbers, Celery, Spring Salad  
 100% Fruit Juice Also Available Daily

**rBST Hormone Free Milk**  
 1% White  
 Fat Free Choices May Include:  
 White, Chocolate, Vanilla, & Strawberry  
 Lactaid White Milk Available Upon Request  
 Contact 724-934-7279

**\*\*All Grain Options are Whole Grain\*\***  
 Menu is subject to change.