



North Allegheny School District Middle School Lunch Menu May 30– June 3, 2022



Lunch & A La Carte Prices

Lunch -Free	A La Carte :
★ Premium Lunch -Free	Grain -\$1.05
	Fruit -\$1.05
Entrée Only -\$2.35	Vegetable -\$1.05
★ Prem. Entrée Only -\$3.35	Milk -\$0.75

Weekly Feature	Monday	Tuesday	Wednesday	Thursday	Friday	Available Daily
Bravo Express			Main Plate			
Poblano's Taco Bar May 30-June 3 Create Your Own Dish Tortilla Chips, Soft Shells or Brown Rice Fajita Chicken, Beef or Cheddar Cheese Nacho Cheese Sauce Black Beans or Corn	30	31	1	2	3	
	No School Memorial Day	<u>Manager Choice</u>	<u>Manager Choice</u>	<u>Manager Choice</u>	<u>Manager Choice</u>	

****USDA Free Meals Expire June 2022****

August 2022 Meals Return to Paid

Student Lunch—\$2.85
Student Premium Lunch—\$3.85

- J. Clark's Grille**
- Cheeseburger
- Chicken Patty
- ★ **Spicy Chicken Sandwich**
- Chicken w/ Dinner Rolls
- Corn Dog/ ★ **Mini Corn Dogs**

Villa Toscana

- ✔ Cheese Pizza
- Pepperoni Pizza

✔ ★ Pizza Sticks

Chef Fresh Salads

- ✔ ★ **Garden Salad**
- ★ **Crispy Chicken Salad**
- ★ **Grilled Chicken Salad**

Chef Fresh Sandwiches

- Deli Hoagie
- Ham & Cheese Wrap
- Turkey & Cheese Flatbread

GF Gluten Free V Vegetarian
Dietary Concerns? 724-934-7279

Menu is subject to change due to product availability.
USDA is an equal opportunity provider and employer.

Free and Reduced Meal Program

Children need healthy meals to learn. North Allegheny School District offers healthy meals every school day. Your child(ren) may qualify for free or reduced priced meals. Reduced price is \$0.30 for breakfast and \$0.40 for lunch. Please remember that you must reapply for free/reduced meals every year, regardless if you were eligible the previous year. There is no deadline for submission of free/reduced applications; you may apply at any time throughout the school year.

Free and Reduced Meal Application

COMPASS provides an easy, convenient and confidential application for free and reduced meals.

[Apply online on the Commonwealth of Pennsylvania Social Services website.](#)

If your child's school participates in the breakfast program, and your child is eligible for free or reduced meals, it is strongly encouraged that the child participates in the breakfast program.

ALL MEALS Include Choice of:
ENTRÉE + FRUIT(S) + VEGETABLE(S) + MILK

Fruit Choices May Include:
Apples, Apple Slices, Bananas, Oranges, Grapes,
Apple Sauce, Mixed Fruit, Pears, Peaches

Vegetable Choices May Include:
Broccoli , Carrots, Celery Sticks, Chickpeas,
Cucumbers, Peppers, Salad, Tomatoes,
Corn, Green Beans, Green Peas, Oven Fries

Milk Choices May Include:
1%, Fat Free: White, Chocolate, Strawberry or Vanilla
All Milk selections are rBST Hormone Free
Lactaid White Milk Available Upon Request