

# North Allegheny School District High School Lunch Menu

May 30- June 3, 2022



### **Lunch & A La Carte Prices**

Lunch -Free A La Carte :

★ Premium Lunch -Free Grain -\$1.05

Fruit -\$1.05

Entrée Only -\$2.35 Vegetable -\$1.05

**★ Prem. Entrée Only -**\$3.35 Milk -\$0.75

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Weekly Feature	Monday	Tuesday	Wednesday	Thursday	Friday	Available Daily
Bravo Express	Main Plate					J. Clark's Grille
Poblano's Taco Bar	30	31	1	2	3	Cheeseburger
May 30-June 3  Create Your Own Dish						Chicken Patty
Tortilla Chips, Soft	No School	Manager Choice	Manager Choice	Manager Choice	Manager Choice	★ Spicy Chicken Sandwich
Shells or Brown Rice Fajita Chicken, Beef or	Memorial Day	ivialiagei Choice	ivialiagei Choice	ivialiagei Choice	ivialiagei Choice	Chicken w/ Dinner Rolls
Cheddar Cheese	memorial 2a,					Corn Dog/ ★ Mini Corn Dogs
Nacho Cheese Sauce Black Beans or Corn *NASH ONLY*						<u>Villa Toscana</u> <b>V</b> Cheese Pizza
*******					Pepperoni Pizza	
	**USDA Free Meals Expire June 2022**					
	August 2022 Meals Return to Paid  Student Lunch—\$2.85  Student Premium Lunch—\$3.85				Chef Fresh Salads	
					<b>♡</b> ★Garden Salad	
					★ Crispy Chicken Salad	
						★ Grilled Chicken Salad
Free and Reduced Meal Program  Children need healthy meals to learn. North Allegheny School District offers healthy meals every school day. Your child(ren) may qualify for						<u>Chef Fresh Sandwiches</u> Deli Hoagie
free or reduced priced meals. Reduced price is \$0.30 for breakfast and \$0.40 for lunch. Please remember that you must reapply for free/reduced meals every year, regardless if you were eligible the previous year. There is no deadline for submission of free/reduced applications; you may apply at any time throughout the school year.						Ham & Cheese Wrap
						Turkey & Cheese

## Free and Reduced Meal Application

COMPASS provides an easy, convenient and confidential application for free and reduced meals.

Apply online on the Commonwealth of Pennsylvania Social Services website.

If your child's school participates in the breakfast program, and your child is eligible for free or reduced meals, it is strongly encouraged that the child participates in the breakfast program.

ALL MEALS Include Choice of: ENTRÉE + FRUIT(S) + VEGETABLE(S) + MILK

#### Fruit Choices May Include:

Apples, Apple Slices, Bananas, Oranges, Grapes, Apple Sauce, Mixed Fruit, Pears, Peaches

#### **Vegetable Choices May Include:**

Broccoli , Carrots, Celery Sticks, Chickpeas, Cucumbers, Peppers, Salad, Tomatoes, Corn, Green Beans, Green Peas, Oven Fries Turkey & Cheese Flatbread

Menu is subject to change due to product availability. USDA is an equal opportunity provider and employer.

#### Milk Choices May Include:

1%, Fat Free: White, Chocolate, Strawberry or Vanilla All Milk selections are rBST Hormone Free Lactaid White Milk Available Upon Request