



# North Allegheny School District NAI Breakfast Menu April-June 2022



## Breakfast & A La Carte Prices

Breakfast -FREE	A La Carte :
Entrée Only -\$1.75	Grain -\$1.05
	Fruit -\$1.05
	Milk -\$0.75

## Monday      Tuesday      Wednesday      Thursday      Friday

### Daily Breakfast Options May Include

Bacon, Egg & Cheese Pizza

Or

Egg & Cheese Wrap

Or

Sausage, Egg & Cheese Wrap

### ✔ Assorted Cereal

Cheerios, Cinnamon Toast Crunch, Cocoa Puffs, Trix

Ⓜ Lucky Charms, Ⓜ Rice Chex

Apple Jacks, Froot Loops, Frosted Flakes, Frosted Mini Wheats,

Krave Chocolate, Raisin Bran Crunch, Rice Krispies

### ✔ Cereal Bars

General Mills®: Cinnamon Toast Crunch, Cocoa Puffs, Fruity Cheerios, Golden Grahams, Trix

Kellogg's Nutri-Grain®: Apple, Blueberry, Strawberry

Quaker Granola Chewy®: Chocolate Chunk, Cookies & Cream

### ✔ Donuts/ Muffins

Goody Man® Donuts: Chocolate and Powdered Donuts

Otis Spunkmeyer® Muffins: Apple Cinnamon, Banana, Blueberry

### ✔ PopTarts®

Chocolate Fudge, Cinnamon, Strawberry

ALL BREAKFAST MEALS Include Choice of:  
**GRAIN + FRUIT + MILK**

Fruit Choices May Include:  
Apples, Apple Slices, Bananas, Oranges,  
Apple Sauce Cup, Apple Juice, Orange Juice

Milk Choices May Include:  
1% White, Fat Free: White or Chocolate  
All Milk selections are rBST Hormone Free  
Lactaid White Milk Available Upon Request

Ⓜ Gluten Free    ✔ Vegetarian  
Gluten Free Cheerios or Rice Chex Available Upon Request  
Dietary Concerns? 724-934-7279

**\*\*All Grain Options are Whole Grain\*\***  
USDA is an equal opportunity provider and employer.  
Menu is subject to change.



PaySchools Central gives parents/guardians control over their children's meal choices and lunch spending limits. View meal activity, account balance, add funds to lunch accounts, move funds from one account to another, and set up auto-replenish. Parents can even schedule future payments and manage recurring payments. Visit [PaySchoolsCentral.com](http://PaySchoolsCentral.com) or download the app today!

Deposits may be made to your child's account by check utilizing payment envelopes available at the registers. Please make checks payable to: "NA Cafeteria Fund".

Student allergens provided to the school nurse are linked to student lunch accounts. Note: Parents should contact food service directly with specific dietary requests. Call 724-934-7201 or email [DiningServices@northallegheny.org](mailto:DiningServices@northallegheny.org)

### Metz Culinary Management

**Jay West**  
Food Service Director  
[jwest@northallegheny.org](mailto:jwest@northallegheny.org)  
724-934-7202

**Jenna Ossler**  
Assistant Food Service Director  
[jossler@northallegheny.org](mailto:jossler@northallegheny.org)  
724-934-7279