NORTH ALLEGHENY SCHOOL DISTRICT
GROWTH AND DEVELOPMENT
GRADE 5 BOYS
OBJECTIVES

- Understand the physical and emotional changes of puberty.
- Introduce the male reproductive system.
- Review proper hygiene, and the importance of nutrition and exercise.
CLASS CONTENT

• Introduction of changes in life phases. (Infancy, childhood, adolescence; grouped in time frame of 5 or 6 years).

• Introduction of the physical and emotional changes during puberty.

• View the video *Meet the New You! For boys, Grade 3-5.* (Item #9751: Marsh Media)
• Review male reproductive system and the physical changes of puberty.

• Review products for personal hygiene – including skin care, hair care and deodorant.

• Open discussion reflecting on class content with the intent of fostering parental discussion.