



September Elementary Lunch Menu



North Allegheny School District

Monday

Tuesday

Wednesday

Thursday

Friday

4



5

Chicken Tenders w/ Dinner Rolls Or Jr. Tiger Burger w/ American Cheese **Featured Vegetables:** Tater Tot

6

Walking Taco w/Tostitos Tortilla Chips Topped w/ Taco Meat, Shredded Cheese, Lettuce, & Salsa Or Hot Dog on a Bun **Featured Vegetable:** Golden Corn

7

Chicken Nuggets w/ Dinner Rolls Or **Pierogies w/ Sauce & Dinner Roll** **Featured Vegetables:** Green Peas

8

Big Daddy's Pizza Or Egg, Sausage, & Cheese On a Pretzel Bun **Featured Vegetable:** Baked Beans

11

Yogurt Parfait Vanilla Yogurt w/ Graham Cracker Belly Bears Or Pizza Sticks w/Dipping Sauce **Featured Vegetable:** Honey Glazed Carrot Coins

12

Popcorn Chicken w/ Dinner Rolls Or Toasted Cheese Sandwich w/ Tomato Soup **Featured Vegetable:** Tater Tot

13

Pasta w/ Spaghetti Sauce Choose: Meatballs or Mozzarella Cheese Or **Mini Corn Dogs** **Featured Vegetables:** Steamed Broccoli

14

Maple Waffles w/ Turkey Sausage Or **Cheese Ravioli w/Sauce & Dinner Roll** **Featured Vegetable:** Sweet Potatoes

15

Big Daddy Pizza Or BBQ Ribby Sandwich **Featured Vegetables:** Green Beans

18

French Toast Sticks w/ Turkey Sausage Or **Spicy Chicken Patty** **Featured Vegetable:** Honey Glazed Carrot Coins

19

Chicken Tenders w/ Dinner Rolls Or Jr. Tiger Burger w/ American Cheese **Featured Vegetables:** Mashed Potatoes & Gravy

20

Craveables—Pizza Bites Flatbread, Sauce, Mozzarella Cheese, & Pepperoni Or Ham & Cheese On Pretzel Bun **Featured Vegetable:** Eggplant

21

Chicken Nuggets w/ Dinner Rolls Or **Cheese Lasagna** **Roll Up w/ Dinner Roll** **Featured Vegetable:** Green Peas

22

Big Daddy's Pizza Or Fish Sticks **Featured Vegetable:** Baked Beans

25

French Toast Sticks w/ Turkey Sausage Or **Spicy Chicken Patty** **Featured Vegetable:** Honey Glazed Carrot Coins

26

Chicken Tenders w/ Dinner Rolls Or Jr. Tiger Burger w/ American Cheese **Featured Vegetable:** Mashed Potatoes w/ Gravy

27

Walking Taco w/Doritos Nacho Chips Topped w/ Taco Meat, Shredded Cheese, Lettuce, & Salsa Or Ham & Cheese On Pretzel Bun **Featured Vegetable:** Golden Corn

28

Chicken Nuggets w/ Dinner Rolls Or **Mini Calzone w/ Sauce** **Featured Vegetables:** Peas

29

Big Daddy's Pizza Or BBQ Ribby Sandwich **Featured Vegetables:** Baked Beans

Our Featured Vegetable/fruit of the month features Eggplant



Lunch Prices

- Lunch \$2.45
- Premium Lunch** \$3.45
- Reduced Lunch \$0.40
- Entrée Only \$1.95
- Prem. Entrée Only \$2.95

ALL Meals Include Choice of: ENTRÉE, FRUIT, VEGETABLE, MILK

- GF = Gluten Free
- V = Vegetarian

Daily Alternative Entrees

Chicken Patty

Grilled Chicken Salad w/ Dinner Rolls

Baked Potato

w/ Shredded Cheese & Dinner Rolls

Garden Salad

w/ Cheese Stick, Yogurt, & Dinner Rolls

Smucker's Uncrustables® PBJ w/ Cheese Stick & Dinner Roll

Daily Fruit & Vegetable Choices

Choices May Include:

(Local Choices Available in Season)
Apples, Bananas, Grapes, Oranges, Apple Sauce, Apple Slices, Mixed Fruit, Mandarin Oranges, Peaches, Pears, Blueberries, Baby Carrots, Broccoli, Cauliflower, Cucumbers, Tomatoes, Celery, Spring Salad, Mixed Peppers
100% Fruit Juice Also Available Daily

rBST Hormone Free Milk

1% White

Fat Free Choices May Include:

White, Chocolate, Vanilla, & Strawberry
Lactose Free Milk Available Upon Request
Contact 724-934-7279

****All Grain Options are Whole Grain****

Menu is subject to change.