



## **NORTH ALLEGHENY 4<sup>TH</sup> / 5<sup>TH</sup> / 6<sup>TH</sup> GRADE GIRLS PRESEASON BASKETBALL SKILL SESSIONS**

4 Sessions @ Marshall Middle School (6:30 – 8:00PM)

**Monday, October 9**

**Monday, October 16**

**Wednesday, October 11**

**Wednesday, October 18**

Instruction will focus on Basketball Fundamentals including:  
Dribbling, Passing, Shooting, Rebounding, Defense, and Game Situations

### **Instructors:**

Current North Allegheny Middle School Girls' Basketball Coaches

Coach Alan Carson – [parentslead@mac.com](mailto:parentslead@mac.com) – 412-680-3843

Coach Jana Phillips – [jana.and.russ.phillips@gmail.com](mailto:jana.and.russ.phillips@gmail.com)

Coach Carol Manz – [tcmanz@msn.com](mailto:tcmanz@msn.com)

**FEE: \$30 (Paid at 1<sup>st</sup> Session) Cash or Check Payable to ALAN CARSON  
OR Venmo@Alan-Carson-4**

**Questions – Contact Coach Carson at 412-680-3843 or [parentslead@mac.com](mailto:parentslead@mac.com)**

\*Please bring a basketball, reversible, and water bottle to each session

