

# MINCOURSE DAY CATALOG

May 28, 2024

### MINI COURSE DAY SESSIONS

Name	Cost	Session 1	Session 2	Session 3	Session 4
Bar Method	\$8 + cost of lunch			Х	
Bead Pets & Bracelets	FREE	Х			Х
Breakout Games	\$17 + cost of lunch		XX		
Chess Tournament	FREE			Х	Х
Color Me Happy	FREE			Х	Х
Cornhole Classic	FREE		Х	Х	
Crime Lab	FREE			Х	Х
Doodle Time	FREE	Х			Х
Duct Tape Designs	\$2	Х		Х	
Elevate Trampoline Park	\$28		XX		
Eurogames	FREE	Х			
Fleece Frenzy	Cost of Supplies	Х			Х
Garden Time	FREE		Х		Х
Hoop It Up	FREE	Х			Х
IMS Goes Lego Crazy	FREE		Х		Х
IMS Idol	FREE				Х
Melty Bead Bonanza	\$5	Х			
Mini Eiffel Towers	FREE	Х	Х		
Movie Time	FREE	XX			
Museum of Illusions	\$30		XX		
North Park Fishing	\$15		XX		
Paint Monkey	\$12		ХХ	Х	
Pancake Art	FREE	Х		Х	Х
Paper Airplane Competition	FREE		Х		Х
Phipps Conservatory	\$15 + cost of lunch		XX		
Puzzle Time	FREE			Х	Х
Shooters Golf	\$22			XXX	
Spar Debates	FREE	Х	Х		
Survival Bracelets	FREE			Х	
Tie Dye	\$5 + items to tie dye	Х			Х
Twirl, Spin & Dance	FREE			Х	

# BAR METHOD (FIELD TRIP)

Students will participate in a strength inspired Barre workout followed by lunch at either Moe's or Slice on Broadway.

WHERE: The Bar Method, Wexford WHEN: Lunch & Session 3 COST: \$8 plus the cost of lunch

# **BEAD PETS & BRACELETS**

Calling all animal lovers and crafters! It's time to get beading! Create your own cool and colorful keychain creatures (aka Bead Pets) with pony beads and cording. We will have an assortment of animal templates for you to choose from. We will also have embroidery thread and directions on how to make friendship bracelets in different patterns (basic braid, chevron, candy stripe, etc). Come have fun with your friends at this crafting session and leave with some adorable creations!

WHERE: Room 205 WHEN: Session 1 or Session 4 COST: FREE

# **BREAKOUT GAMES (FIELD TRIP)**

Put your problem solving skills to the test on this exciting escape room field trip. Teams of 6 will need to work together to escape from a themed room. After challenging your skills, we will order lunch from Chick-fil-A and enjoy a mystery movie!

WHERE: Breakout Games North Hills WHEN: Session 2 and 3 COST: \$17 plus the cost of lunch

# CHESS TOURNAMENT

Do you like to play chess? Think you have what it take to be crowned IMS chess champ? Whether you want to play for fun or compete for the crown, join us for the ultimate IMS chess tournament!

WHERE: Room 111 WHEN: Session 3 or Session 4 COST: FREE

### **COLOR ME HAPPY**

Find your zen through coloring, music, and other mindfulness activities! Colored pencils and coloring pages will be provided, but feel free to bring your own if you would like!

WHERE: Room 107 WHEN: Session 3 or Session 4 COST: FREE

## **CORNHOLE CLASSIC**

Students will participate with a partner in the Third Annual IMS Cornhole Tournament to see who will be the 2023 Ingomar Cornhole Champions. There will also be Frisbees and, footballs,

WHERE: Ingomar Island WHEN: Session 2 or Session 3 COST: FREE

# CRIME LAB

You will learn about various of the Medical Examiner's Office, to include Autopsy, Death Investigation, and the Forensic Labs, which include Trace Evidence, Firearms and Tool Marks, Forensic Toxicology, Drug Chemistry, Forensic Biology, Latent Prints and Mobile Crime Unit.

WHERE: Room 109 WHEN: Session 3 and 4 COST: FREE

# DOODLE TIME

Who doesn't love to doodle and color?? Coloring books for teens and adults are the latest rage. In this mini course, you can create a unique doodle design to be colored, or decorate your binder, bookmark, or scrapbook. This can be time for you to work on a specific project or time to explore line, design, and composition and just relax and have fun.

WHERE: Room 206 WHEN: Session 1 or Session 4 COST: FREE

## **DUCT TAPE DESIGNS**

Enhance a craft, fashion project, or even your everyday pencil with Duct Tape! With a wide variety of trendy patterns and designs to choose from, you can make a statement that sticks. In this course, you'll learn how to make a duct tape wallet, a rose petal pencil, and so much more!

WHERE: Room 219 WHEN: Session 1 or Session 3 COST: \$2

# ELEVATE TRAMPOLINE PARK (FIELD TRIP)

Get ready to bounce, somersault, and have a jolly good time at Elevate Trampoline Park in Zelienople! It's the ultimate combo of fun and fitness with your pals. Let's bounce around and refuel with a delicious pizza lunch.

WHERE: Elevate Trampoline Park WHEN: Session 2 and Session 3 COST: \$28 for entry and a yummy lunch

## EUROGAMES

Do you love Eurogames? These board games require a substantial amount of strategy, fast thinking, and cunning! Join us to play Pandemic, Settlers of Catan, Carcassonne, Ticket to Ride, and Ganz Schon Clever. Have a strategic game that you want to share? Bring it with you and teach others!

WHERE: Room 109 WHEN: Session 1 COST: FREE

## FLEECE FRENZY

During Fleece Frenzy, you will be making a no-sew fleece blanket. These are great to make for yourself or as a gift for someone special. You will need to purchase the following items to make your blanket.

SUPPLIES: 2 separate pieces of fleece -  $1\frac{1}{2}$  - 2 yards wide A pair of regular-sized scissors

WHERE: Foyer WHEN: Session 1 or Session 4 COST: Cost of supplies purchased above

### GARDEN TIME

If you like being outside, digging in the dirt, working with plants, or any type of gardening, this mini-course is for you! Join Mr. Gamache' in the school garden and help get the garden ready for the spring and summer. Wear clothes and shoes that can get dirty, and bring a water bottle. Work gloves and tools will be provided.

WHERE: IMS Garden WHEN: Session 2 or Session 4 COST: FREE

# HOOP IT UP

Showcase your abilities in the thrilling three-on-three showdown and Knock-Out Competition:

- WHERE:Gym
- TIME: Choose between Session 1 or Session 4
- COST: FREE

# IMS GOES LEGO CRAZY

Calling all LEGO maniacs! Put your creative minds to the test by making LEGO masterpieces. (LEGOs will be provided for this session.)

WHERE: Library WHEN: Session 2 or Session 4 COST: FREE

# IMS IDOL

Join us for a riveting session of karaoke featuring all of your favorite songs and show us if you have what it takes to be the next IMS Idol!!! Hairbrush microphones are encouraged!!!

WHERE: Room 302 (Chorus Room) WHEN: Session 4 COST: FREE



### MELTY BEAD BONANZA

Do you love designing melty bead creations? Are you a fan of pixel-based art? If so, Melty Bead Bonanza is the mini-course session for you! Come on down to studio 107 and create some amazing melty bead artwork! Get ready for Melty Bead Bonanza!

WHERE: Room 107 WHEN: Session 1 COST: \$5 for materials

### **MINI EIFFEL TOWERS**

Join the excitement as students delve into the wonders of the iconic Eiffel Tower! Get ready to craft and jazz up your very own mini 3D Eiffel Tower.

WHERE: Room 121 WHEN: Choose Session 1 or Session 2 COST: FREE

### **MOVIE TIME**

Get ready to party with the launch of Kung Fu Panda 4! Swing by for a screening and a cool activity diving into the movie's awesome life lesson. Just like Po, let's remember heroes can pop up in the most surprising corners!

WHERE: Auditorium WHEN: Session 1 and Session 2 COST: FREE

# **MUSEUM OF ILLUSIONS (FIELD TRIP)**

Get ready to tease your mind while having fun at Museum of Illusions Pittsburgh! This new museum features "outside the box" exhibits that challenge your brain in the best ways. We will depart IMS during Session 2 and eat lunch when we return. You will be back in time for Session 4.

WHERE: Museum of Illusions WHEN: Session 2 & Session 4 COST: \$30

# NORTH PARK FISHING (FIELD TRIP)

If you enjoying getting a line wet or watching a bobber dance across the water, think about signing up for the Fishing trip to North Park Lake. Lunch and fishing bait will be provided. Must have your own fishing rod to attend.

WHERE: North Park Boathouse WHEN: Sessions 1, 2 & 3 COST: \$15

## PAINT MONKEY

Paint Monkey brings the painting fun they usually do in their studio to Ingomar Middle School! We'll all start out with a pre-sketched canvas and the instructor will take you through the process step-by-step so that you can create your own masterpiece. Canvas, paints and instruction is included for this class. Choose between two different paintings and sign up for the corresponding session. Session 2 will be Hot Air Balloon & Session 3 will be a cupcake

WHERE: Room 216 WHEN: Session 2 or Session 3 COST: \$12



# PANCAKE ART

Do you love food AND art? If so join us for Pancake Art! We will be making pancake batter from scratch and using it to "doodle" on the griddles! The best part? You get to eat your masterpieces when you're done! \*Please note, we will not be making accommodations for allergies and/or dietary restrictions. If you need to see the recipe before signing, up, please see Mrs. Senkoski

WHERE: FCS Kitchen WHEN: Session 1 or Session 3 or Session 4

# PAPER AIRPLANE COMPETITION

Craft the most epic paper plane and zoom to victory in the thrilling race to be crowned the First Place Champ!!

WHERE: Room 208 WHEN: Session 2 or Session 4

# PHIPPS CONSERVATORY (FIELD TRIP)

This trip will be heading to the beautiful Phipps Conservatory, which is located a short walk from Pitt's campus. You will get to explore the different plant life and exhibits around the building and will experience a demonstration on bug-eating plants (such as the Venus flytrap). Afterwards, we will travel to Ross Park Mall for lunch! You can choose to eat at any of the 10 locations around the food court.

WHERE: Phipps Conservatory WHEN: Session 2 & 3 COST: \$15 + the cost of lunch

### **PUZZLE TIME**

Do you love puzzles? There will be easy puzzles and hard puzzles as well as a variety of different types. Physical puzzles will be provided as well as paper puzzles like Sudoku.

WHERE: Room 211 WHEN: Session 3 or Session 4 COST: FREE

# SHOOTERS GOLF (FIELD TRIP)

"FORE!" Be sure to sign up for the Mini-Course Day golf extravaganza at Shooters Golf! All golfers of all levels can sign up to play golf for two hours using the Top Tracer technology at Shooters. After golfing, everyone will enjoy a lunch buffet that includes unlimited soft drinks, chicken tenders, pretzel bites, and lounge fries (other options available for those with dietary restrictions). Sign up with a friend or come meet new ones at Shooters. Golfers can bring their own golf equipment for this field trip. Don't have any golf items? No problem as IMS has left or right handed clubs for you to borrow.

WHERE: Shooters Golf WHEN: Sessions 2-4 COST: \$22 per person

# SPAR DEBATES

Basketball v. Football. Taylor Swift v. Drake. Math v. Reading. Is a hot dog a sandwich? It's time to settle the biggest questions of Ingomar Middle School at Spar Debate, where you'll learn how to form arguments to persuade your friends and have fun doing it.

WHERE: Tech Ed Room WHEN: Session 1 or Session 2

### SURVIVAL BRACELETS - INTRO TO PARACORD

If a future as an officer in the U.S. military sounds interesting, this course is for you! Want to learn about basic survival skills? Come meet an NAI ROTC Major, learn how to cobra stitch, and take home your own paracord bracelet!

WHERE: Room 121 WHEN: Session 3 COST: FREE

# TIE DYE

In this session you will learn a variety of tie-dying techniques & get to create your own designs on clothing such as t-shirts, socks, bandanas, canvas shoes, etc. Everything you bring in & dye, you will take home at a later date (before school ends). Both white & black clothing can be used for experimentation.

WHERE: Art Rooms WHEN: Session 1 or Session 4 COST: \$5 plus materials students will bring to tie-dye

# **TWIRL, SPIN & DANCE**

Get ready to groove with the North Allegheny Majorettes, Color Guard, and Dance Team! They're here to spill the secrets on fancy tricks, cool skills, and even some snazzy mini-routines. Dive into the world of the North Allegheny marching band auxiliary groups and get a taste of the action. No need to bring your own batons or flags – they've got you covered! Just dress to impress and get ready to bust a move!

WHERE: Gym WHEN: Sessions 3 COST: FREE

