



North Allegheny School District Middle School Lunch Menu January 18-29, 2021



Monday Tuesday Wednesday Thursday Friday

	<p>J. Clark's Grille Cheeseburger Chicken Patty ★ Spicy Chicken Patty Chicken Nuggets w/ Dinner Roll <i>Grille Entrees Served w/ Oven Fries, Ketchup, Mayo, and/or Ranch</i></p>	Available Daily
	<p>Villa Toscana ✔ Cheese Pizza Pepperoni Pizza <i>Pizza Served w/ Oven Fries and Ketchup</i></p>	Available Daily
	<p>Market Street Deli Sandwiches Deli Hoagie Ham & Cheese Wrap Turkey & Cheese Flatbread <i>Sandwiches Served w/ Apple Slices and Mayo</i> Made To Order Sandwiches NOW Available</p>	Available Daily
	<p>Chef Fresh Salads ★ Crispy Chicken Salad ★ ✔ Garden Salad ★ Grilled Chicken Salad* <i>Salads Served w/ Croutons, Crackers, Apple Slices & Italian or Ranch Dressing</i> <i>*GF Grain Available Upon Request</i></p>	Available Daily

Main Plate

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Breakfast Bar <i>Vegetable(s)/Fruit(s):</i> Manager's Choice	Taco Bar <i>Vegetable(s)/Fruit(s):</i> Manager's Choice	General Tso's Chicken w/ Brown Rice <i>Vegetable(s)/Fruit(s):</i> Manager's Choice	Pasta Bar <i>Vegetable(s)/Fruit(s):</i> Manager's Choice	Chicken Mashed Potato Bowl w/ Dinner Rolls <i>Vegetable(s)/Fruit(s):</i> Manager's Choice
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Why You Should Take Advantage of the Free School Meals Being Offered:	It extends your food budget and saves you time on meal prepping.	It's comforting and familiar to your kids to have meals at school.	The USDA is covering the cost of the meals.	The free meals are for ALL students K-12!
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Lunch & A La Carte Prices

Lunch -Free	A La Carte :
★ Premium Lunch -Free	Grain -\$1.05
	Fruit -\$1.05
Entrée Only -\$2.35	Vegetable -\$1.05
★ Prem. Entrée Only -\$3.35	Milk -\$0.75

**ALL MEALS Include Choice of:
ENTRÉE + FRUIT(S) + VEGETABLE(S) + MILK**

Fruit Choices May Include:
Apples, Apple Slices, Dried Cranberries, Raisins,
Peach Cup, Strawberry Cup,
Apple Sauce, Mixed Fruit, Pears

Vegetable Choices May Include:
Baby/ Cooked Carrots, Broccoli , Celery Sticks,
Corn, Green Beans

Milk Choices May Include:
1% White, Fat Free: White or Chocolate
All Milk selections are rBST Hormone Free
Lactaid White Milk Available Upon Request

**January
Nutritious Friend
Snap Peas**

**Snap Peas will be Served
January 27th**

Please refer to the
Metz Safety Guarantee
to review our commitment
to each other. What you
can expect from us. What
we expect from you.
**Together, we can keep
each other healthy.**

GF Gluten Free V Vegetarian
Dietary Concerns? 724-934-7279

All Grain Options are Whole Grain
USDA is an equal opportunity provider and employer.
Menu is subject to change.

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