



Dear Parent/ Guardian:

North Allegheny School District and Glade Run are partnering to provide on-site behavioral health services that promote social and emotional growth. This partnership emphasizes a team approach, with educators, counselors, families and communities working together to foster strong, confident, and contributing youth.

Glade Run is a reputable mental health agency that supports students with a variety of needs. Services are offered by masters-level therapists within the school setting. We hope you find the convenience of these sessions helpful in order to provide additional support so your child can *feel* their best and *show* the best version of him or herself. More information about the enrollment process is listed below:

- **Referral:** Referrals must be completed and signed by a parent or guardian. Please return referrals to school so they can be emailed to Glade Run for you. Insurance information is necessary to complete the referral as well. (Attaching a copy of your child's health insurance card is helpful. Feel free to ask the school to make a copy for you.) Please note a co-payment may be required for some insurance providers.
- **Intake Interview:** A parent or guardian will need to come in to school or a Glade Run office in order to complete an intake interview and initial paperwork for a student to receive services. This process should take approximately an hour to an hour and a half.
- **Behavioral Mental Health Services:** Experienced therapists will schedule times to meet with students for *individual therapy* for approximately 45min-1hour per week. We also offer *group therapy* and *family therapy* as requested. (They will consult with teachers in order to impact academics as little as possible.) This work will be goal focused to best suit the needs of individual students. Parents can expect communication from the Glade Run therapist on a regular basis and are welcome to contact therapists at any time.

We hope you are able to take advantage of this unique opportunity. If you have any questions or concerns, please feel free to contact me directly.

Sincerely,

Amy Snyder
Program Manager Glade Run School-Based Services
412-661-1827 ext. 113
[NA School Based Therapy](#)